

Topic:	Courage
Raw format:	Activity
Code:	Courage_activity_5_what would <i>they</i> do?
Title:	What would <i>they</i> do?
Associated uses:	Analysis , Assessment/self-assessment, Discussion trigger, Exercise, Introduction to topic, Personal profiler data sheet, Self-awareness exercise, Team-building activity, Warm-up exercise
Associated words:	Bravery, Daring, Mettle, Valour, Heart, Guts, Stamina, Tenacity, Pluck, Fearlessness, Perseverance, Grit, Gumption, Stoutness, Gall, Backbone, Dauntless, Intrepid, Spunk, Fibre, Boldness, Audacity, Temerity, Determination, Nerve, Endurance, Resolution.
Public:	Project managers, Managers, Directors, Entrepreneurs, Leaders, Masters+ university students
	Price: €2,95 - £2.64 - \$4.30
	GBP and USD equivalents are from current Euro exchange rates.
	Check latest rates at www.xe.com

What would *they* do?

1. (Individual or group work) Hand out sheets of paper to your trainee(s) and write up the following question on a flipchart/board: Who do you know of who showed great proof of courage in their words and acts?
2. Each trainee should spend five minutes searching for and noting down people (either friends, relatives, colleagues, social figures or historical figures) who have marked them in relation to their show of courage.
3. After five minutes, tell trainees to stop and call for a volunteer to stand up and state who they have identified. Write these names up on the flipchart/board. Repeat the process until all the names have been written up.
4. Then write up or distribute handouts of the following situations:
 - A team member discovers that although a new product has been launched into production, one of the product features represents a serious health hazard to users.
 - While commuting to work, you witness three individuals in the same train as yourself trying to steal money from someone.

- While on holiday in a foreign country, you are witness to a motorcycle accident. However, no one offers any help to the victim who is lying injured in the road, as in this country those who help are more often than not accused by the victim's family in an attempt to gain money.
 - One of your colleagues who is extremely agreeable though a poor performer is constantly and unfairly harassed by a superior in an attempt to make him/her leave the company.
 - In charge of a team, one of your team members shows a complete disregard for rules and respect by being late, ridiculing you in front of the others, not turning up for meetings and deliberately underperforming. The team member knows one or two things about your past that you aren't so proud of.
 - Your boss falls ill the night before his/her opening presentation in front of the annual company conference involving 350 top directors of the group and VIPs from the industrial, academic and political worlds. You are asked, at the last minute, to make the opening welcome presentation – and make it good!
5. Take the first situation. Ask for a volunteer to stand up. Then ask the following question: What would *you* do in this situation? Note down the answer(s).
 6. Then, referring to the list of models and mentors that he/she initially drew up, ask the question: What would *the people you selected as models of courage* do in this situation? Note down the answer(s).
 7. Repeat the process for the other trainees and situations.
 8. At the end of the activity, compare trainees' personal answers with their models' behaviours. What are the similarities and differences? How can trainees' models serve as examples and what key qualities or skills do they possess that make the difference?
 9. Wrap up: trainees spend ten minutes thinking of any future issues/events/situations that would require a degree of courage from them. How would their models of courage deal with these situations? What advice would they give in order to handle each situation effectively and with courage?

Notes/Action:

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

The Management Learning Box
Not for use: sample only