

Topic:	Courage
Raw format:	Activity
Code:	Courage_activity_2_setting team values and encouraging a behavioural framework for courage
Title:	Setting team values and encouraging a behavioural framework for courage
Associated uses:	Analysis , Assessment/self-assessment, Discussion trigger, Exercise, Introduction to topic, Personal profiler data sheet, Self-awareness exercise, Team-building activity, Warm-up exercise
Associated words:	Bravery, Daring, Mettle, Valour, Heart, Guts, Stamina, Tenacity, Pluck, Fearlessness, Perseverance, Grit, Gumption, Stoutness, Gall, Backbone, Dauntless, Intrepid, Spunk, Fibre, Boldness, Audacity, Temerity, Determination, Nerve, Endurance, Resolution.
Public:	Project managers, Managers, Directors, Entrepreneurs, Leaders, Masters+ university students
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Setting team values and encouraging a behavioural framework for courage

- With colleagues or team members, fix a session where each person will complete a courage behaviours assessment.
- Each person then presents and explains their priority, if possible backing this up with feedback on experiences.
- Enter the data into a collective/team assessment and establish which criteria prove most priority for the group/team.
 - Propose to use these as values and guidelines for the group/team at work.
 - Elicit how and in what circumstances these guidelines can be kept to.
 - Agree on the action, if the courage framework is overstepped, that will take place in order to refocus behaviours within the guidelines.

Look at the following behaviours and qualities that may make up courage. What is important for you? Put the various elements into order of personal priority:

I believe courage is:

Criteria	My priority	Comments
The ability to look the truth in the face and dare to express it		
The capacity to explore unknown areas and reveal possible problems		
The capacity to take decisions when faced with risk or incertitude		
The capacity to make decisions without knowing all the details		
The will to regularly step out of my comfort zone		
The capacity to fix ambitious objectives and show perseverance in the face of adversity		
The capacity to impose rigour and discipline in myself (and my team)		
The ability to define my obligations and carry them out even if their benefits are not measurable in the short term		
The will to impose obligations even if some of your team see them as a constraint		
The ability to identify your fears and overcome them by confronting them		

Notes/Action:

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